
 Thanet Swim Club		Swimmer's Weekly Review				
Name:		Week Commencing:				
Training Log						
Attendance:	Mon ()	Tue ()	Wed ()	Thu ()	Fri ()	Sun ()
AM?						
LT?						
PM?						
Weekly Training Review						
What went well in training this week?						
What do I need to work on next week?						
Gala Weekend						
What went well at the Gala?						
What do I need to work on next week?						
Achievement of Goals						
Did I achieve any of my goals this week?						

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